



TEACHER'S INSTRUCTIONS



WHAT YOU NEED

- 10-20 tennis balls
- 5-10 large cones
- 3-5 soft baseball bats
- Baseball gloves (not required students can play bare-handed if needed)
- 1 bucket or chair
- Pens or pencils
- 1 printed copy of each Baseball & Softball Station Cards
- 1 printed Baseball & Softball Scavenger Hunt Worksheet per student or team

📣 HOW TO PLAY

- 1. Print out one copy of each of the Baseball & Softball Station Cards on the following pages. Each one contains an important event in Baseball & Softball history AND a Baseball & Softball skills challenge that your students must complete.
- 2. Laminate the Baseball & Softball Station Cards and place them in different locations around your gym or field. You can simply tape them to the wall, or make it more challenging by hiding them behind equipment, under desks, behind doors etc. Make sure the stations are spread out evenly in your space. You do NOT want all the kids congregating together in one spot. Remember this is a HUNT!
- 3. Set up any required equipment in one area of the gym or field where students can retrieve it as needed.
- 4. Students can perform this activity in small teams or individually. Each team or individual will need a pencil/pen and one copy of the Baseball & Softball Scavenger Hunt Worksheet. This worksheet includes a trivia question and a skills challenge for each station.
- 5. The object of the game is to find all the stations, complete the skills challenges, and answer the trivia questions on the worksheet.



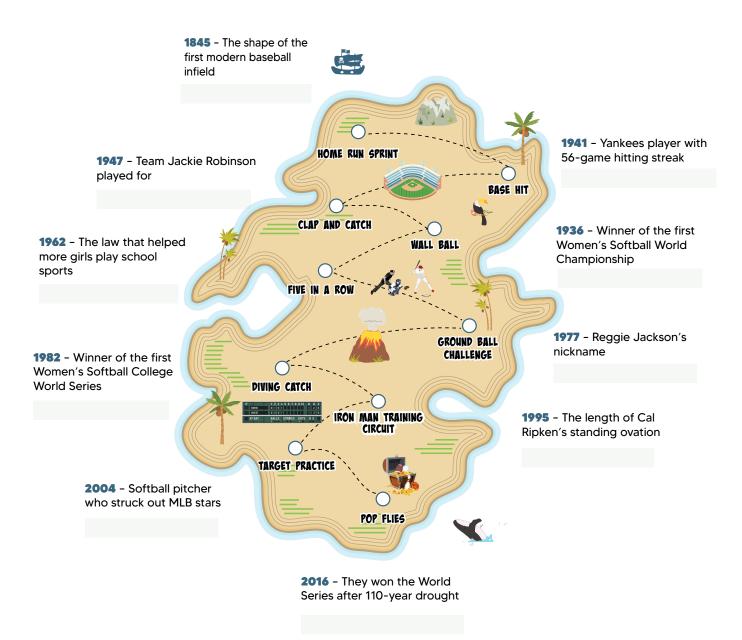
WAY TO ADD INTRIGUE ...

Make it a silent hunt! Before students begin, announce that no one is allowed to speak. Any communicating between partners or among teams must be in writing or with hand motions and lip reading.



STUDENT WORKSHEET

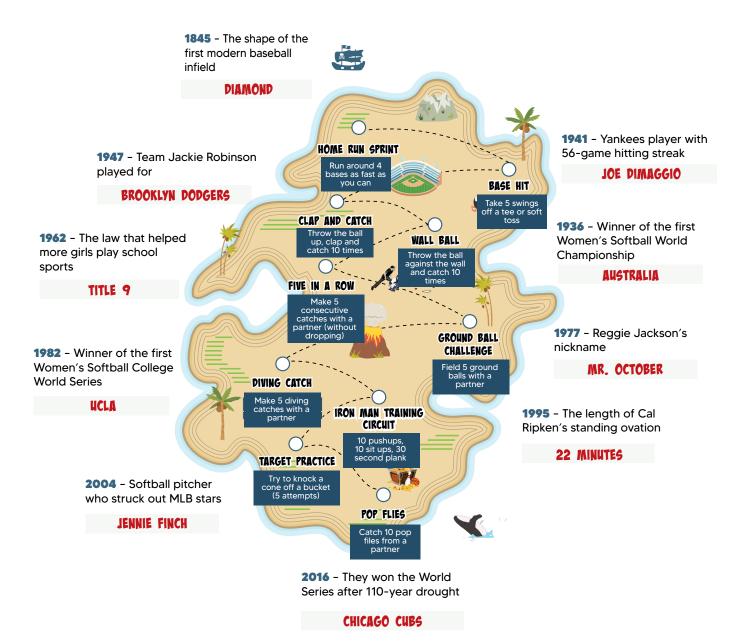
INSTRUCTIONS: Find each of the below stations. Answer the trivia question, then complete and check off the Baseball & Softball Skills Challenge. **Complete all 10 stations to finish the scavenger hunt.**





TEACHER'S ANSWER SHEET

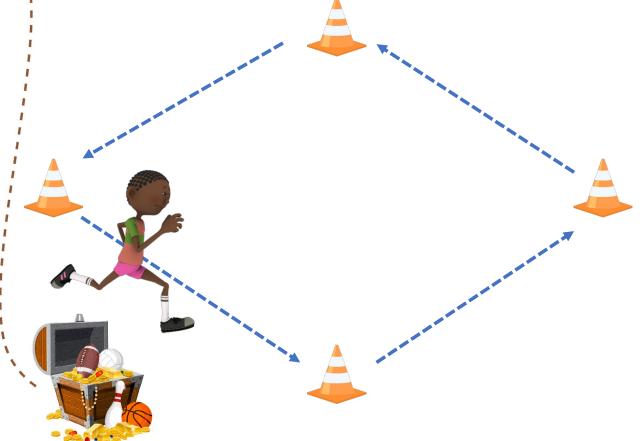
INSTRUCTIONS: Below you'll find the answers to the trivia questions and the required skills challenges for each Station.



A group of New York City men created the Knickerbocker Base Ball Club and establish the first set of modern rules. They introduced a diamond-shaped infield, foul lines, and three-strike rule. They also got rid of the dangerous practice of tagging runners by throwing balls at them!

HOME RUN SPRINT

INSTRUCTIONS: Using four cones, set up a baseball diamond with home plate, first base, second base, and third base. Pretend to hit a ball, then sprint as fast as you can around the bases!



New York Yankees center fielder Joe DiMaggio went on a 56-game hitting streak, getting at least one base hit every game from May 15th to July 17th. Many people think this record will never be broken!

BASE HIT

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INSTRUCTIONS: Find a soft bat, a tennis ball, and some space for you to safely hit. Use a batting tee or have a friend pitch to you underhand. Take 5 swings and see how far you can hit the ball!

Jackie Robinson broke the color barrier, becoming the first African-American to play Major League Baseball. Despite being treated harshly, Robinson became a star player for the Brooklyn Dodgers and won the MLB Rookie of the Year Award.

CLAP AND CATCH

INSTRUCTIONS: Grab a tennis ball and (if you have one) a baseball glove. Throw the ball up into the air, clap once, then catch it.

STATE INC.

Try again! This time, throw the ball higher and see how many times you can clap.

Make 10 attempts. How many claps can you make and still catch the ball?



The first ever Women's Softball World Championship was held in Melbourne, Australia. Australia took the gold medal with the United States taking the silver.

WALL BALL

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INSTRUCTIONS: Grab a tennis ball and (if you have one) a baseball glove. Stand about 10 steps away from a wall. Throw the ball against the wall and try to catch it. Try high ones and low, bouncing ones! Throw and catch the ball 10 times to complete this challenge!



W A L L

The Title 9 law passed, ensuring women have the same opportunities to participate in sports as men. Colleges and high schools began to add fastpitch softball programs, allowing millions of girls to get involved in sports, and thousands to earn college scholarships.

FIVE IN A ROW

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STORE STORE THE PARTY

INSTRUCTIONS: Find a partner and a tennis ball. Stand about 10 steps away from each other and play catch. Make five throws in a row (without dropping the ball) to complete this challenge!





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1977

New York Yankees slugger Reggie Jackson blasted three home runs in a single World Series games. The Yankees went on to win the game 8-4 and win the World Series. Jackson was named MVP and given the nickname "Mr. October."

GROUND BALL CHALLENGE

INSTRUCTIONS: Find a partner and a tennis ball. Stand about 10 steps away from each other. Roll the ball along the ground to your partner. They will field the ground ball using both hands, then throw it back to you. Do 5 ground balls in each direction to complete this challenge!



DIVING CATCH

INSTRUCTIONS: Find a partner and a tennis ball. Stand about 10 steps away from each other. Have your partner kneel down while you stay standing up. Throw the ball just outside their reach, so they have to make a diving catch! Do 5 diving catches each way to complete this challenge!

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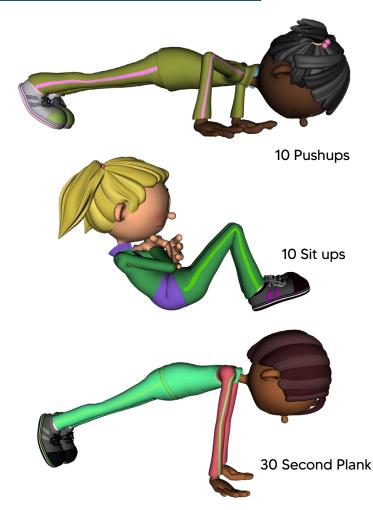
1995

Cal "The Iron Man" Ripken broke Lou Gehrig's record of 2,130 consecutive games played. He received a 22-minute standing ovation from the crowd, the longest ever given to an athlete.

IRON MAN TRAINING CIRCUIT

INSTRUCTIONS: Cal

Ripken trained hard to stay strong, avoid injury and play in so many games! Can you complete this baseball training circuit?





All-American softball pitcher Jennie Finch was invited to face off against MLB stars at the 2004 Pepsi All-Star Softball Game. She struck out Albert Pujols, Mike Piazza, and Brian Giles, back-to-back!

TARGET PRACTICE

INSTRUCTIONS: Place a large cone on top of a bucket or chair. Grab a tennis ball and stand around 10 steps away. Pretend you are a professional pitcher! Wind up, then throw the ball at the cone and try to knock it over. You can throw overhand like a baseball pitcher, or use a windmill motion like a softball pitcher. Take 5 throws and see how many times you can knock over the cone!







POP FLIES

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INSTRUCTIONS: Find a partner and a tennis ball. Stand about 20 steps away from each other. Throw high, looping pop flies to each other and try to catch them. Catch 10 pop flies to complete this challenge!

