

VOLLEYBALL

SCAVENGER HUNT





TEACHER'S INSTRUCTIONS



WHAT YOU NEED

- 5-10 tennis balls
- 5-10 volleyballs (one per child is best but they can share)
- 2-3 beach balls or similar
- Pens or pencils
- 1 printed copy of each Volleyball Station Card
- 1 printed Volleyball Scavenger Hunt Worksheet per student



HOW TO PLAY

1. Print out one copy of each of the Volleyball Station Cards on the following pages. Each one contains an important event in volleyball history AND a volleyball skills challenge that your students must complete.
2. Laminate the Volleyball Station Cards and place them in different locations around your gym or court. You can simply tape them to the wall, or make it more challenging by hiding them behind equipment, under desks, behind doors etc. Make sure the stations are spread out evenly in your space. You do NOT want all the kids congregating together in one spot. Remember - this is a HUNT!
3. Set up any required equipment in one area of the gym where students can retrieve it as needed.
4. Students can perform this activity in small teams or individually. Each team or individual will need a pencil/pen and one copy of the Volleyball Scavenger Hunt Worksheet. This worksheet includes a trivia question and a skills challenge for each station.
5. The object of the game is to find all the stations, complete the skills challenges, and answer the trivia questions on the worksheet.



WAY TO ADD INTRIGUE...

Make it a silent hunt! Before students begin, announce that no one is allowed to speak. Any communicating between partners or among teams must be in writing or with hand motions and lip reading.



STUDENT WORKSHEET

INSTRUCTIONS: Find each of the below stations. Answer the trivia question, then complete and check off the Volleyball Skills Challenge. **Complete all 10 stations to finish the scavenger hunt.**

1895 - The person who invented volleyball

1915 - US State where beach volleyball started

1916 - Country where the set and spike originated

1922 - New rule limited teams to _____ hits per side

1919 - Number of volleyballs sent to US soldiers

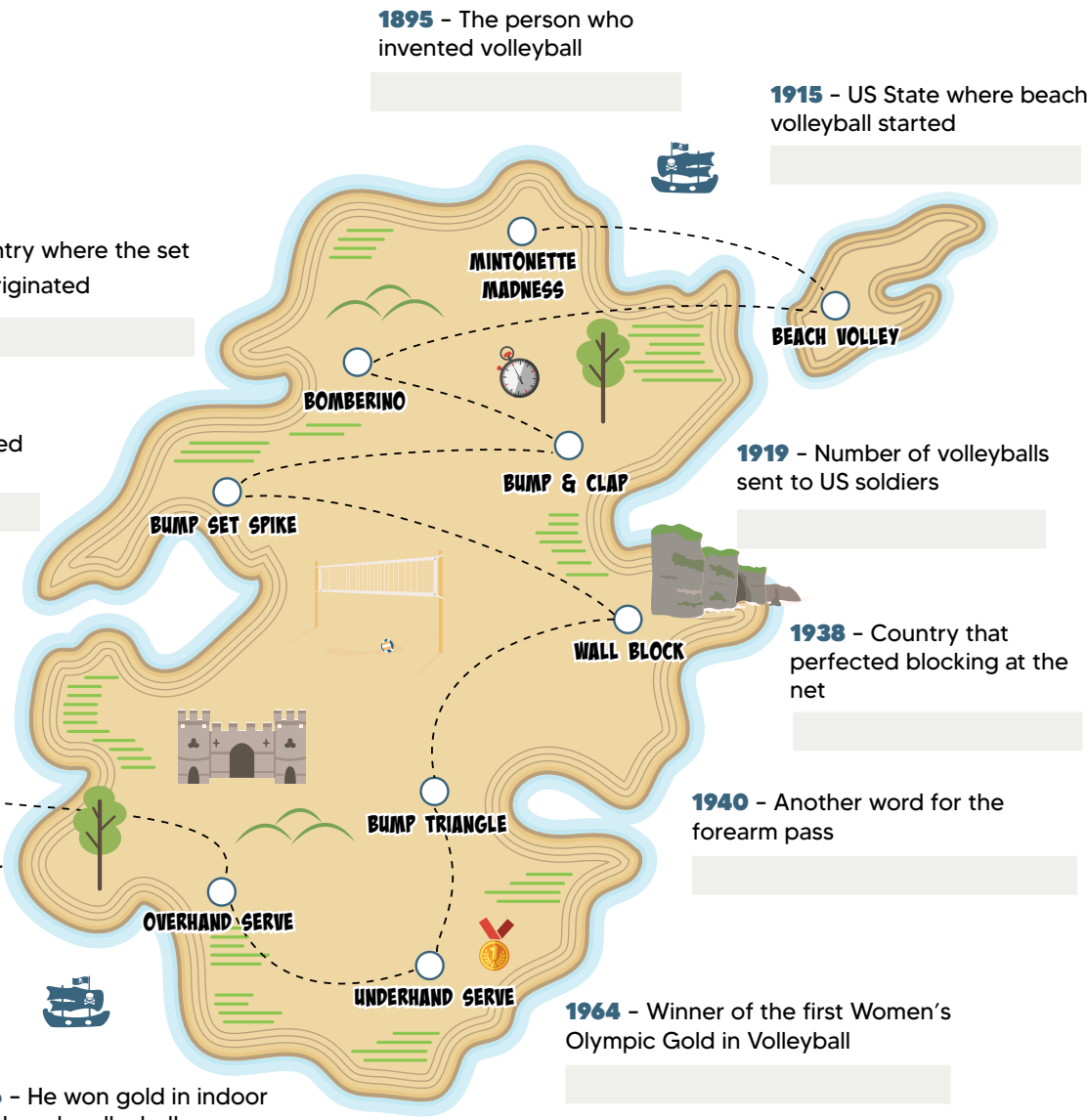
1938 - Country that perfected blocking at the net

1940 - Another word for the forearm pass

2016 - Misty-May Treanor and Kerri Walsh-Jennings won this many golds

1996 - He won gold in indoor AND beach volleyball

1964 - Winner of the first Women's Olympic Gold in Volleyball





TEACHER'S ANSWER SHEET

INSTRUCTIONS: Below you'll find the answers to the trivia questions and the required skills challenges for each Station.

1895 - The person who invented volleyball

WILLIAM G. MORGAN

1915 - US State where beach volleyball started

HAWAII

1916 - Country where the set and spike originated

PHILIPPINES

1922 - New rule limited teams to

3

hits per side

1919 - Number of volleyballs sent to US soldiers

16,000

1938 - Country that perfected blocking at the net

CZECHOSLOVAKIA

1940 - Another word for the forearm pass

BUMP

2016 - Misty-May Treanor and Kerri Walsh-Jennings won this many golds

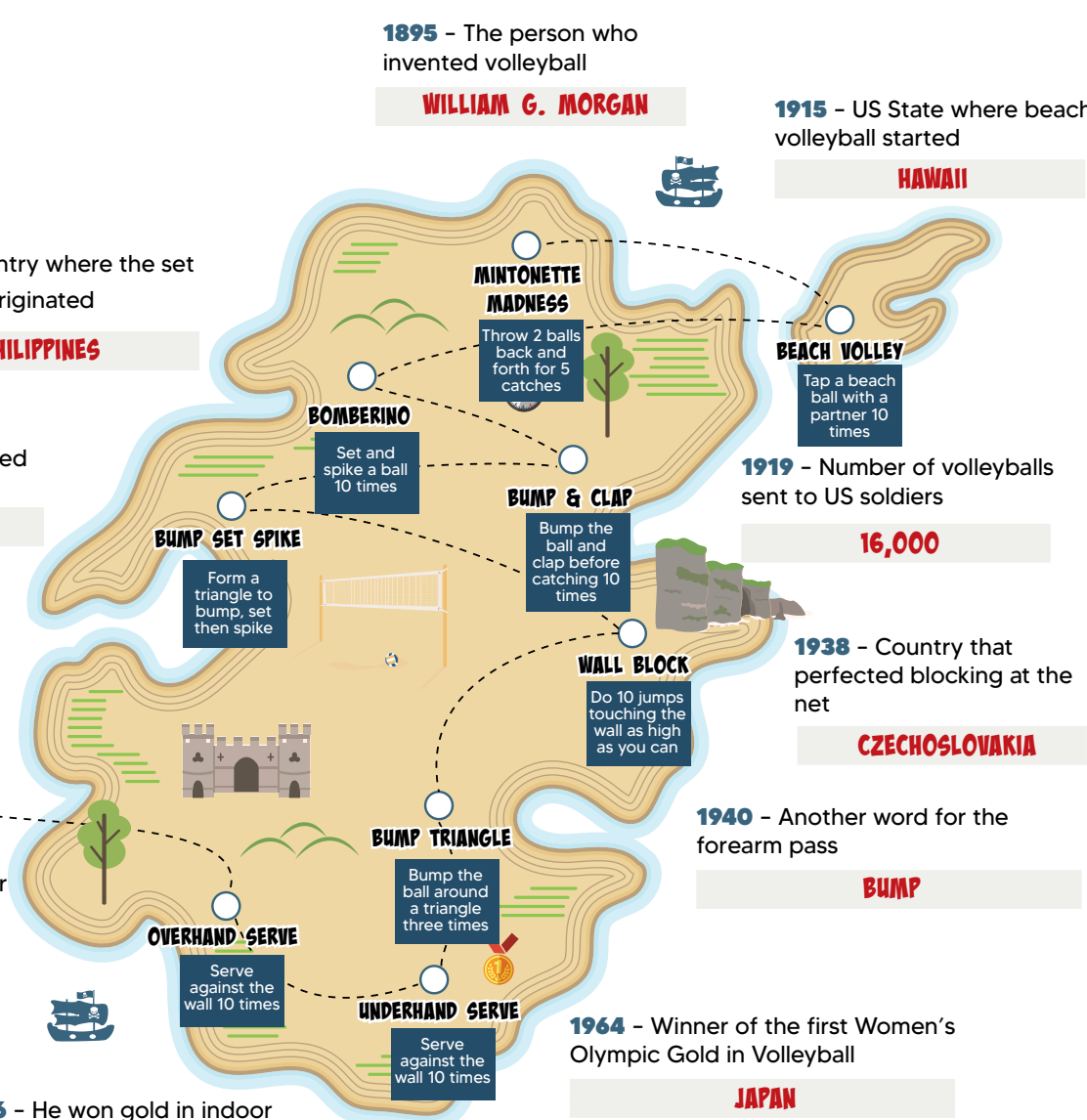
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1964 - Winner of the first Women's Olympic Gold in Volleyball

JAPAN

1996 - He won gold in indoor AND beach volleyball

KARCH KIRALY



VOLLEYBALL

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1895

William G. Morgan invented the game of volleyball while working as PE director for the YMCA in Holyoke Massachusetts. He combined features of handball, basketball and tennis, and called the sport "Mintonette."

MINTONETTE MADNESS

INSTRUCTIONS: Let's test your hand-eye coordination! Find a partner and two tennis balls. Stand about 10 feet apart. On "go" both of you throw your tennis balls to each other and try to catch the incoming one (it's hard!) Keep trying until you get 5 successful catches.



VOLLEYBALL SCAVENGER HUNT



1915

The first beach volleyball games took place at the Outrigger Beach and Canoe Club in Waikiki Beach, Hawaii.

BEACH VOLLEY

INSTRUCTIONS: Find a partner and a beach ball. Tap the ball to your partner, back and forth using any part of your body. Complete 10 taps in a row to complete this challenge!



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1916

In the Philippines, players introduced the "set" and "spike" - passing the ball high to a teammate, who strikes it over the net to score a point. They called this the "bomba" or kill, and called the hitter a "bomberino."

BOMBERINO

INSTRUCTIONS: Find a partner and a volleyball. Stand about 10 feet apart. Have your partner lob the ball high and soft, towards your head. Reach up and spike the ball back to them! Do it 10 times to complete the challenge!



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1919

More than 16,000 volleyballs were sent to US soldiers serving in Europe and around the world. Volleyball continued to spread and grow in popularity.

BUMP & CLAP

INSTRUCTIONS: Grab a volleyball. Throw it lightly in the air, then bump it as high as you can. See how many times you can clap before the ball lands again! Try 10 times and see what your personal record is.



THE VOLLEYBALL SCAVENGER HUNT



1922

A new rule was established, limiting teams to three hits per side.

BUMP, SET, SPIKE!

INSTRUCTIONS: Find two friends and a volleyball and form a triangle. You will be passing the ball around the triangle, first with a bump (or underhand pass), then set (or overhand pass), then a spike! Finish this sequence twice (without losing control) to complete this challenge!



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1938

Players in Czechoslovakia perfected the technique of blocking at the net, which became an official part of the game rules.

WALL BLOCK

INSTRUCTIONS: Being a good blocker requires great timing and jumping ability. Stand in front of the wall with your knees and elbows bent. Crouch down slightly, then jump as high as you can. How far up the wall can you touch? Do 10 jumps to complete this challenge!



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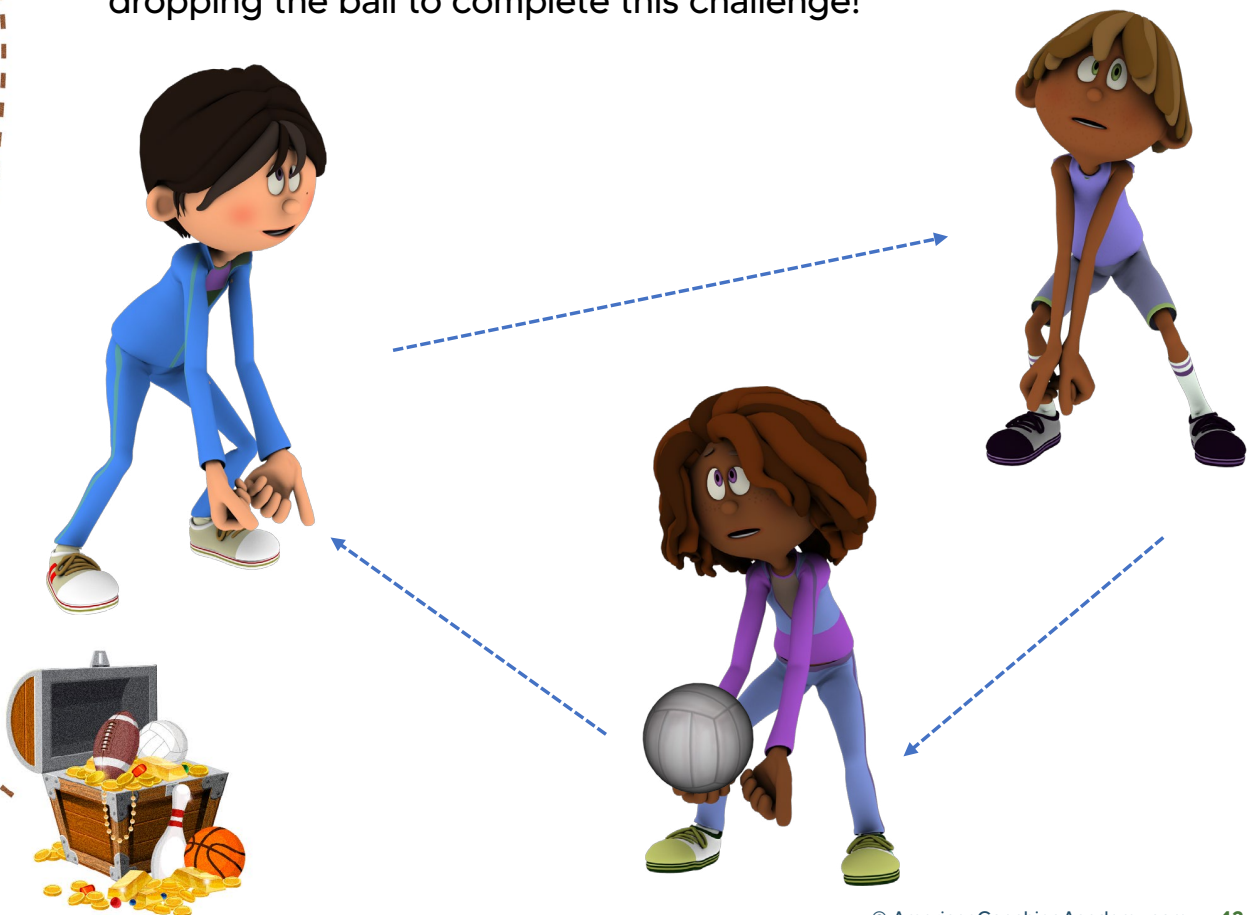


1940

The forearm pass (or “bump”) was introduced to the game. Until then, most balls were played with an overhand pass.

BUMP TRIANGLE

INSTRUCTIONS: Find two friends and a volleyball. Set up in a triangle. Using your forearms, bump the ball around the triangle from person to person. Get it around three times without dropping the ball to complete this challenge!



VOLLEYBALL SCAVENGER HUNT

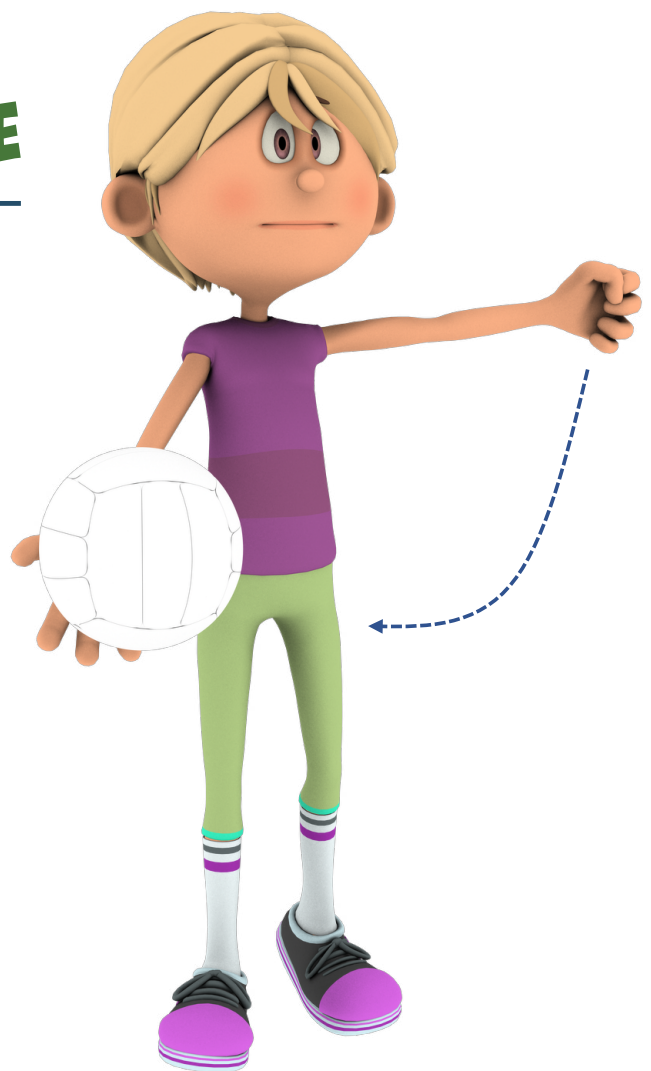


1964

Volleyball was introduced to the Tokyo Olympic Games. The USSR took the men's gold medal and Japan took the women's.

UNDERHAND SERVE

INSTRUCTIONS: Grab a ball and stand about 20 feet from the wall. Hold the ball, palm-up, in front of your body at waist height. Reach back with your right arm, then swing through and hit the ball out of your hand. How high on the wall can you hit it? Repeat 10 times to complete this challenge!



VOLEYBALL SCAVENGER HUNT



1996

Beach volleyball was introduced at the Atlanta Olympics. Karch Kiraly won the gold medal, becoming the first athlete to win gold in indoor AND beach volleyball.

OVERHAND SERVE

INSTRUCTIONS: Grab a ball and stand about 20 feet from the wall. Hold the ball, palm-up, in front of your body at shoulder height. Toss the ball up slightly, reach back with your right arm, then swing through and hit the ball out of the air. Can you hit a target on the wall? Repeat 10 times to complete this challenge!



VOLLEYBALL SCAVENGER HUNT



2012

The beach volleyball duo of Misty-May Treanor and Kerri Walsh-Jennings won their 3rd consecutive gold medal at the London Olympic Games.

WALL SPIKE

INSTRUCTIONS: Grab a volleyball and stand around 6-8 feet away from the wall. Toss the ball up then spike it into the ground so it bounces off the wall and back to you. Can you spike it several times in a row? Complete 25 spikes to finish this challenge!

