



Get Set 4 P.E.

Simon says...

What you need: A clear space so tuck your chairs in before you begin.

How to play:

- Ask the pupils to stand behind their chair.
- Teacher to call some physical actions for the pupils to copy, but only when they are said following 'Simon says'.

Actions could include:

- Jump up and down
- Spin around
- Star jumps
- Hop on your right foot
- Touch your toes
- Show off the muscles in your arms
- Balance on one foot.
- Do a funny dance

