



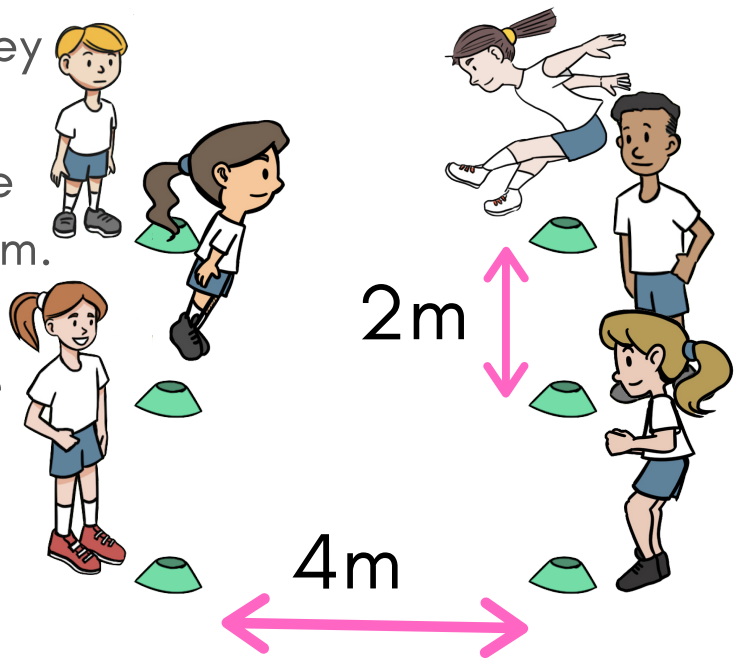
Get Set 4 P.E.

River bank

What you need: one cone or chalk or line on the playground per player.

How to play:

- Split your group into two even teams.
- Children stand behind their marker on the 'bank'.
- The leader calls 'river' or 'bank'.
- If the leader calls river, all children jump over their cone to land in the river. If they call bank, all children stay where they are.
- Keep calling river or bank and if the children move on the wrong instruction they run around the outside of the playground before joining the opposing team.
- The game ends when all players are on the same team.



How good is your listening?

Considerations:

- Ensure children are spaced out the appropriate distance apart.