







Paper Plate Penguins

These are really simple and effective, and a great way to lighten the mood when the post Christmas blues have set in.

Equipment:

Paper plates Black paint Paint brush Scissors Glue or double-sided tape Scraps of orange, black and white paper or funky foam

Method:

- 1. Fold in the sides of the paper plate, not quite to the centre, to create the wings, and stick into place with glue or double sided tape.
- 2. Next fold in the point that was created when you made the wings this will form the head then stick it down.
- 3. Paint the folded down sections with black paint, and allow to dry.
- Whilst the paint is drying, use the orange paper or foam and cut out a beak shape and two feet.
- 5. Next cut two large white circles approximately 2 cm in diameter, for the eyes.
- 6. Then using the black paper, cut two smaller circles for the pupils (or just paint black blobs in the middle of the white circles).
- 7. When the paint is dry, glue the beak into place at the bottom of the middle fold.
- 8. Then stick on the white circles just above the beak, and stick the black circles in the centre of the white circles to finish the eyes.
- 9. Attach the feet from the back of the plate, so the lines are nice and smooth.

Areas of learning and development:

- PSED Personal, Social and Emotional Development
- PD Physical development
- EAD Expressive Arts and Design

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