



Get Set 4 P.E.

# Head, shoulders, knees and toes.

**What you need:** A clear space in the middle of the room.

## How to play:

- Pupils move around the space. When the teacher calls a body part pupils quickly find a partner and connect those body parts together.
- Make this harder by saying a number before the body part e.g. three backs means three pupils will need to connect their backs.
- Change the movement actions in between the rounds e.g. hopping, jogging etc.

