



Get Set 4 P.E.

The car game

How to play:

Ask the children to imagine they are climbing into a car, putting on their seat belt and adjusting the mirror. Children drive their car around the classroom by walking and then complete the actions said by the teacher.

- Red light: stop
- Green light: go
- Speed bumps: jump up and down
- Roundabout: drive around a table

Encourage the children to wave at each other as they drive past.